

INNOVATIVE METHODS OF PSYCHOLOGICAL INFLUENCE ON THE SOMATIC AND PSYCHOSOMATIC DISEASES

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Among the psychotherapeutic phenomena demonstrating its undoubted effectiveness, there are those that are difficult to conceptualize is the phenomenon of A.M. Kashpirovsky, Dr.H.C. in Psychology.

The aim of the study is objectification of the results of telepsychotherapy of A.M. Kashpirovsky. Its revitalizing effect is based, as theoretically grounds the author, on the mechanism of activation of the memory matrix norm.

Keywords: somatic and psychosomatic diseases, memory matrix norm.

Currently, humanity is at the stage of postindustrial civilizational development. It largely determines returning to philosophical, moral and ethical, cultural, and religious aspects of life.

At the same time, in the medical field, as the field concerned with life, health, diseases, the process of aging, and death, morpho-functional and biologically oriented approaches, which have undergone under little changes since the cell theory, take priority.

The development of medical theory and practice follows the enhancement of biologically oriented technologies: genetic engineering, the use of undifferentiated fetal tissue (stem cells), the creation of bio-electronic transplants (implantation of chips in the nerve tissue), and others.

Along with it, the topics of integrative impact on the regulatory system of the body, based on a holistic approach to the person as a biopsychosocial system, remain untouched. However, this direction is one of the most promising ones.

The strategic perspectives of the development of this direction are primarily connected with Dr. Kashpirovsky's work. Probably, the older generation remembers Dr. Kashpirovsky primarily due to surgeries where patients were provided with anesthesia not by anesthesiologist, but by the psychotherapist, indirectly via television at a great distance.

The patient underwent a surgery because of suffering from a long-standing ventral hernia. She had already had four unsuccessful surgeries for the same reason, and she has gone through 2 clinical deaths due to her organism's reactions to general anesthesia. Knowing that, most surgeons did not want to perform a surgery on her.

The patient was in her consciousness during the whole process of going through the surgery procedure. The surgery lasted for three hours. During the

whole time, the patient was communicating with an operating personnel and the psychotherapist who was providing pain relief at that moment, the patient was laughing, joking, and even singing songs.

Again, the surgeon did not use general anesthesia at all, not prior the surgery, or during the surgery, or in the postoperative period.

26 years passed. The patient has never had the same problem with ventral hernia again. As well as two other patients, with whom Dr. Kashpirovsky helped surgeons with providing the same clear successful surgery at a distance.

Maintaining a clear perception of mechanical stimuli (such as tactile perception of touch, stretching, and pressure) the patient's pain sensitivity was completely blocked.)

The way of providing pain relief, demonstrated by the Doctor, which was done remotely, through television, deserves a special classification category.

The technique of conducting of anesthesia of those surgeries, the way of influencing, and the refusal from plunging the patients into a hypnotic trance lead to the conclusion that the mentioned above way of providing pain relief can be considered as a psychological one.



However, Dr. Kashpirovsky is not only known for his ability to provide immediate pain relief that he regularly demonstrates at his meetings.

He put into practice a new method of psychological impact on the human body of the multimodal nature, with which the positive effect is achieved regardless of the source of a pathological process.

The theoretical basis of the method is Dr. Kashpirovsky's hypothesis about the existence of the matrix of memory norm which is activated during implementation of his technique. The effectiveness of his methods was proven during the telemedicine sessions to a mass auditory in the Ukraine (January-February 1989) and the former USSR Central Television (October-December 1989). The efficacy of his method has been demonstrated by Dr. Kashpirovsky to a

mass audience for more than 25 years with the obvious, visually presented, sensational efficiency.

There are thousands and thousands of cases in which Dr. Kashpirovky helped patients with severe diseases and conditions which could not be helped by means and methods of modern medicine. The methods Dr. Kashpirovsky utilized led to the disappearing of post infarction scars, heart defects, adhesive disease, osteoarthritis, and partial or complete scars disappearing of different origins, and even returning to the normal endocrine functioning, sometimes even with the presence of diabetes . Dr. Kashpirovsky helps with problems concerning allergy, snoring, chronic cystitis, pelvic organ prolapse, nasal breathing restoration due to injury or other reasons.

The sensational positive practical results of Dr. Kashpirovsky's techniques received on mass audience and the availability of an appropriate methodological platform for the study of these phenomena led to the beginning of the scientific research in this field with the participation of leading scientists and research teams in different fields of medicine and psychology.

Dr. Kashpirovsky's scientific achievements extend beyond the horizons of the modern ideas about supporting human health. Many scientists believe that his techniques are the medicine of future.

The objective importance and prior perspectiveness of this direction are the conditions of nessesity of the initiation of the interests of scientific society to the activity of A.M. Kashpirovsky.